St. Paul Catholic Church Parroquia de San Pablo

Mass Schedule
Saturday 4:30 pm Vigil Mass
Sunday in English 8:00 am, 9:15 am, and 5:00 pm
Sunday bilingual en Español and in English 11:30 am
Coffee & Donuts following 9:15 Mass + Pan Dulce following 11:30 Mass

Children’s Liturgy of the Word
Celebrated at 9:15 am Family Mass
welcoming all children age Kindergarten to Third grade
no registration required

Holy Day 8:30 am + 6:00 pm

Daily Mass and Devotions
Monday through Saturday, 8:30 am in the Chapel
Rosary daily after 8:30 am Mass
Our Lady of Perpetual Help Tuesday after 8:30 am Mass

The Sacrament of Reconciliation Saturday 3:30 - 4:15 pm - or by appointment

BAPTISM PREPARATION + first Wednesday of each month at 7:00 pm
RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) + September to May, please call the Rectory for information
MARRIAGE PREPARATION + contact Rev. Mario Farana at least eight (8) months prior to your desired ceremony date

PARISH RECTORY and OFFICES
221 Valley Street, San Francisco CA 94131
telephone 415.648.7538 www.stpaulsf.org

LITURGICAL SCHEDULE & BULLETIN EDITOR Joan Strachan
RCIA PROGRAM Terri Brady and Deacon Bill McLoughlin
PARISH OFFICE Jamie Tracy, Jill Alcantar, and Annette Schubert

MUSIC MINISTRY Joseph Duggan, Director & Cantor
Saturday Vigil David Simi; Sunday Diane Costa

Rev. Mario P. Farana, Pastor
Deacon Bill McLoughlin
Deacon Juan Michel
Rev. Joseph Bradley, In Residence

RELIGIOUS EDUCATION
Dorothy Vigna, Director
School of Religion, CCD
Saturdays 9:30 am – 11:00 am, September through May
Confirmation Preparation for Teenagers
Tuesdays 7:00 pm, September through May

ST. PAUL’S ELEMENTARY SCHOOL
KINDERGARTEN THROUGH EIGHTH-GRADE
Mrs. Katie Kiss, Principal
415.648.2055 -or- kkiss@stpaulsf.net
www.stpaulschoolsfs.org

serving in Nae Valley for over 140 years

St. Paul’s: yesterday, today, and tomorrow
Calendar of the Week

Monday: Feb. 3rd.
   Men of St. Paul’s mtg. 8pm
Tuesday: Feb. 4th.
   Spiritual Journey 9:30am
Wednesday: Feb. 5th.
   Altar Society – 9:30am
   Baptism Class 7pm
Thursday: Feb. 6th.
Friday: Feb. 7th.
Saturday: Feb 8th.
   CCD 9:30am to 11am
Sunday: Feb 9th.
   Coffee and Donuts following the 9:15am Mass

ST. PAUL’S THANKSGIVING RESPONSE TO GOD THIS PAST WEEK

Weekly Collection Jan 29, 2020
$ 4,080.55
On-line giving December 2019
$ 9,512.00

UPCOMING EVENTS 2020

Ash Wednesday Feb. 26th
St. Paul’s Athletic Board Crab Feed and Auction February 29th.

BLOOD DRIVE THANK YOU

Sorry for the late Thank you to all who participated in our November 10, 2019 Blood drive.

Andy Alcantar, Jill Alcantar, James Alexander, Genaro Castillo, Katherine DaSilva, Maria DiDonato, Colleen Dillion, Patricia Hayes, Joseph Heinen, Christine Hoano, Maria Jimenez, Darron LaSaint, Maria Elena LaSaint, Jacqueline Lylte, Elizabeth Macleod, Mace Mamlock, Tony Molina, Nilza Monroy, James Moon, Michele Paulle, Edward Tanner, Rami John Turk,

Elizabeth Uy Smith, Bill Wehrmeister, Jonathan Wetmore, Sherie Posada

BLOOD DRIVE 2020

Our first Blood Drive for 2020 will be February 16, 2020 from 8:30am to 12:30pm
You can sign up ahead of time for our Blood Drive by going on line to
www.bloodheroes.com and clicking on St. Paul’s.
Or call Jill Alcantar at (415)586-8911 to schedule an appointment.

Each donor receives a free sandwich and drink from our wonderful co-sponsor Roxie Foods on San Jose Ave

Thank You!!

Second Collection

Next Weekend February 8th/9th
There will be a Second Collection for the
St. Paul’s Altar Society
This collection helps to maintain the linens and provides the flowers for our special Holidays
Please place your donation in the Second Collection following Communion.

Please pray for those in our book of the sick and especially for the following: Hannah Nakagome, Julia Taale, Bill Edmundson, David Morales, Lois Gin, Milan Odenhal, Eileen Mendonca, Patricia Mostert, Bob Mostert, Lupe Chavez, John Galvin, Delfina Torres, Alan Winship, Joyce Catania, Cecilia Brady, Christine McLoughlin

For those who have died:
A CHRISTMAS REPRISE
The Church's celebration three weeks ago of the Baptism of the Lord signaled the "official" end of the Christmas season. Today's feast of the Presentation of the Lord seems to extend the Incarnation celebration a bit longer. In fact, some have called this feast a "second Epiphany."

The first reading recalls the anticipation of Advent, as Malachi writes, "Lo, I am sending my messenger to prepare the way before me." The reading from Hebrews reminds us of the Incarnation, proclaiming that Jesus had a "share" in our own "blood and flesh." The Gospel finds the infant Jesus on his first visit to Jerusalem and his human parents once again surprised and in awe over the events surround his birth.

In the simplicity of the manger, in the grandeur of the temple, in the domesticity of Nazareth, Jesus comes. May we come to know him and so be filled with "wisdom" and the "favor of God."

SAINT AGATHA (died 251)
February 5
"Of noble birth and great beauty," so the ancient accounts describe Saint Agatha, martyred during an early persecution for refusing a powerful Roman's offer of marriage, since she had consecrated her virginity to Christ. An early preacher, Saint Methodius, reflects instead on her name, noting that, in Greek, Agatha means "good," goodness being something we can all strive for, nobly born or common, blessed with beauty—or not! So brutal the tortures that violated her youthful innocence, Agatha, like Agnes and several other women martyrs, was honored from time immemorial by having her name inscribed in the Roman Canon (Eucharistic Prayer I). Long invoked as protector against earthquakes—Mount Etna erupted as she was being tortured—recent attention has focused on the particularly cruel torture decreed for Agatha, the cutting off of her breasts. This has inspired cancer survivors to promote Saint Agatha as patron and intercessor for women courageously facing breast cancer, for their families and the multitude of supporters who participate in fund-raising marches and races, and, of course, for the dedicated researchers who seek a cure.

February 2nd Feast of the Presentation of the Lord
May all expectant parents joyfully welcome their children as gifts from God, as Mary and Joseph welcomed the Christ Child; We pray to the Lord.

READINGS FOR THE WEEK
Monday: 2 Sm 15:13-14, 30; 16:5-13; Ps 3:2-7; Mk 5:1-20
Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30 — 19:3; Ps 86:1-6; Mk 5:21-43
Wednesday: 2 Sm 24:2, 9-17; Ps 32:1-2, 5-7; Mk 6:1-6
Thursday: 1 Kgs 2:1-4, 10-12; 1 Chr 29:10-12; Mk 6:7-13
Friday: Sir 47:2-11; Ps 18:31, 47, 50, 51; Mk 6:14-29
Saturday: 1 Kgs 3:4-13; Ps 119:9-14; Mk 6:30-34
Sunday: Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5; Mt 5:13-16
2 de febrero Fiesta de la Presentación del Señor

RETORNO A LA NAVIDAD
La celebración de hace tres semanas del Bautismo del Señor señaló el fin "oficial" del tiempo de Navidad para la Iglesia. La fiesta de hoy de la Presentación del Señor parece extender la celebración un poco más allá. En realidad, algunos han nombrado esta fiesta una "Segunda Epifanía".

La primera lectura nos recuerda la anticipación del Adviento, como escribe Malaquías: "Envío a mi mensajero para que prepare el camino ante mí". La lectura de los Hebreos nos recuerda la Encarnación, proclamando que Jesús tuvo una "parte" de la misma "carne y sangre". El Evangelio encuentra al niño Jesús en su primera visita a Jerusalén, y a sus padres una vez más sorprendidos y asombrados por los acontecimientos de su nacimiento.

En la sencillez del pesebre, en la grandeza del templo, en la domesticidad de Nazaret, Jesús viene. ¡Que lleguemos a conocerlo y por ello nos encontremos llenos de "sabiduría" y de la "gracia de Dios!"

SAN FELIPE DE JESÚS (1572-1597)
5 de febrero
Felipillo, como era conocido, nació en la Ciudad de México en una familia de comerciantes. Dado que su vida era un desastre, una de las africanas que cuidaba dijo que la higuera seca del patio "florecerá cuando Felipillo fuera santo". Luego de explorar la vida franciscana y huir de ella, su padre lo envió a Filipinas para que probara suerte en los negocios, pero esta vida tampoco le llenó. Ingresó nuevamente a la Orden Franciscana en Filipinas y, con el paso de los años fue enviado a México para ser ordenado sacerdote. Su barco naufragó en Japón durante un periodo de persecución contra los cristianos liderado por el emperador Tairosama. En su calidad de extranjero, Felipillo podía evitar el martirio, pero decidió unirse a sus compañeros franciscanos y jesuitas y sufrir con ellos la muerte por Cristo. Lo colgaron de una cruz, lo sujetaron con argollas y dos lanzas lo traspasaron. En su agonía repetía una y otra vez: "Jesús, Jesús, Jesús", de ahí que se le venera como Felipe de Jesús. El día de su muerte, la higuera floreció.

LECTURAS DE LA SEMANA
Lunes: 2 Sm 15:13-14, 30; 16:5-13; Sal 3:2-7; Mc 5:1-20
Martes: 2 Sm 18:9-10, 14b, 24-25a, 30 — 19:3; Sal 86 (85):1-6; Mc 5:21-43
Miércoles: 2 Sm 24:2, 9-17; Sal 32 (31):1-2, 5-7; Mc 6:1-6
Jueves: 1 Re 2:1-4, 10-12; 1 Cr 29:10-12; Mc 6:7-13
Viernes: Eclo 47:2-11; Sal 18 (17):31, 47, 50, 51; Mc 6:14-29
Sábado: 1 Re 3:4-13; Sal 119 (118):9-14; Mc 6:30-34
Domingo: Is 58:7-10; Sal 112 (111):4-9; 1 Cor 2:1-5; Mt 5:13-16

2 de febrero Fiesta de la Presentación del Señor
Que todos los padres que esperan un hijo con alegría los acojan como regalos de Dios, al igual que María y José acogieron al Niño Jesús; rogаемos al Señor.
BOLETIN DE LA PARROQUIA DE SAN PABLO, FEBRERO 2 DE 2020

SAINT PAUL’S ATHLETIC BOARD, les invita a su Cena Anual de Cangrejo y Subasta en el Salón de la Parroquia el Sábado 29 de Febrero de 2020 de 5:30 a 9:00 p.m. Adultos $65.00, niños $15.00, y menores de 5 años gratis, mas información en el boletín.

BLOOD DRIVE 2020 (DONACION DE SANGRE 2020) Nuestra primera donación de sangre será el 16 de Febrero del 2020 de 8:30 a 12:30 p.m. para reservaciones o mayor información llamar a Jill Alcantar al 1 415- 586-8911.

MIERCOLES DE CENIZA, EL 26 DE FEBRERO, comienza la Cuaresma, mas información próximamente

CELEBRATION FOR GOD’S PEOPLE, El Sabado 8 de Febrero de 2020 a las 11:00 a.m por una misa muy especial, el celebrante principal es el Arzobispo Salvatore Cordileone, en la Catedral de Santa Maria, seguida de una recepción, todos están invitados.

La segunda colecta del Domingo 9 de Febrero de 2020, es para La Sociedad del Altar, dos colectas separadas.

SACRAMENTO DEL BAUTISMO: Bautismos y clases son realizados por citas solamente, las clases son el primer miércoles del mes a las 7:00 p.m. en la Rectoría y los bautizos a la 1:30 p.m. en la parroquia.

R.C.I.A. (Rito Católico Cristiano de iniciación para Adultos) es un proceso por el cual adultos se preparan para recibir el sacramento de Bautismo, Eucaristía y Comienzo en Septiembre y termina en Mayo. Para información llamar a Terri Brady o Diacono Bill McLoughlin a la Rectoría.

SACRAMENTO DEL MATRIMONIO Arreglos deben hacerse con el Sacerdote o Diacono, al menos con 6 meses de anticipación, para mayor información llamar a la Rectoría 1-415-648-7538

SACRAMENTO DE CONFIRMACION: Para estudiantes de Escuela Secundaria que no hayan recibido el Sacramento de Confirmación, es un largo programa de un año, clases comienzan a fines de Septiembre y concluyen a finales de Mayo del siguiente año con la confirmación en Junio. Para mayor información llamar a Dorothy Vigna a la rectoría 415-648-7538.
Help children reach for Heaven

Parents want the world for their children. Catholic parents want even more than that - we want Heaven, too. We know that teaching youngsters to know, love and follow Jesus is the only way to make that happen.

Know Jesus. Would you be satisfied making a new friend only by hearing others talk about him? Close friendships happen when people connect personally and share experiences. There is no better way for children to know Jesus than for us to introduce them to him in person - in the Eucharist, in Scripture, in prayer.

Love Jesus. Through Scripture, we learn that Jesus is strong and can do anything. He always keeps his promises. Remind children that God loves them even more than their parents and he proved it with his life, death, and Resurrection.

Follow Jesus. Jesus wants his love to shape our hearts which then leads into our actions. When we love him, we want what he wants - Heaven for all his children.

Lead them to Jesus. Children learn to love and follow Jesus, not from the Church, not from the priest, but from their parents. The better we come to know and love the Lord, the better we can share him with our children. Pray and read Scripture daily, and don’t miss a chance to meet Jesus at weekly Mass.

Lenten Obligations
Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday (February 26th) and Good Friday (April 10th). These are the only two days of obligatory fasting and abstinence.

The U.S. bishops define fasting as eating one full meal. Some food (not equaling another full meal) is permitted as necessary to maintain strength. In addition, all Catholics fourteen years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Why Do Catholics Do That?

Why do Catholics eat pancakes on Fat Tuesday?

In the early Church it was customary to give up rich foods as well as meat during the penitential season of Lent. This included milk, eggs, butter, cheese, and fat. On the Tuesday before Lent began, families would empty the pantry of the forbidden foods by enjoying a dinner of pancakes (or in some places, fried doughnuts!). In some countries, it is even called “Pancake Tuesday.” It was meant to be one final celebration of feasting before the Lenten fast.
The way, the truth, and the life during Lent

To children, Lent can be a time for sacrifice—something they’d rather avoid. Instead, explain that experiencing Lent helps us to find “the way and the truth and the life” that will lead us to Heaven (John 14:6).

**The way** — Let children map out their own journey through Lent. Instead of giving up one thing for the season, choose several, short-term sacrifices. Include days of “fasting” from a favorite food or video game, days of “abstaining” from a bad habit like biting nails or fighting with siblings. Add days of performing good works.

**The truth** — Learn what it means to be a follower of Christ from those who dedicated their lives to him. Read stories about the saints or heroes in the Bible. Tell youngsters that God works through ordinary people to accomplish extraordinary things.

**The life** — Lent is all about hope. On Easter, Jesus opened up heaven to give us new life. Ask children to commit to continuing habits acquired during Lent that will lead to new life in Christ.

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**Scripture Lesson**
Matthew 5:38-48, Forgive always

In ancient times, the concept of justice was “an eye for an eye and a tooth for a tooth.” That was devised to limit the conflict between clans from getting out of hand (Exodus 21:24, Leviticus 24:20 and Deuteronomy 19:21).

Later, the concept was misused to defend a brutal form of justice that easily escalated into blood feuds. Jesus’ teaching changed all that.

Jesus’ approach to justice turns our eyes, not to justice on earth, but in Heaven. Loving our enemies or those who hurt us repeatedly means forgiving them over and over. That often seems an impossible task, but this extreme forgiveness is what Jesus offers us on the Cross. As Christians, we are called to be Christ to others—in words and deeds.

**What can a parent do?** The best way parents can pass on the faith in Christ is by example, especially when it is difficult. Explain that we can forgive someone without having to be best friends with them. Explain that whatever the hurt, we can pray for the person and forgive them in our hearts.

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**Feasts & Celebrations**
Feb. 9 — St. Apollonia (249). A deaconess in Alexandria living during the Christian persecutions under Emperor Philip. She chose to suffer martyrdom at the hands of an angry mob rather than denounce God.

Feb. 11 — Our Lady of Lourdes (1858). The Blessed Mother appeared to St. Bernadette Soubirous in a small French village. Soon afterwards, a miraculous spring with healing waters emerged from a nearby cave. It is still a significant pilgrimage site today.

Feb. 22 — St. Peter’s Chair (1st century). We celebrate the establishment of the Holy See and pray for the preservation of God’s Church. The “Chair of Peter” is a relic of St. Peter’s actual chair and symbolizes the spiritual authority of the Church.

Feb. 26 — Ash Wednesday. The first day of Lent. The ashes of old palms are placed on the forehead as a sign of penance. Today is a day of abstinence from meat and fasting as penance and in recognition of Jesus’ time in the desert.

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**Parent Talk**

When we got in the car after Mass, I was furious. My ten-year-old daughter, Tessa, had spent the hour not in prayer and quiet but in poking her sister and fighting over who got to hold the hymnal. She ignored my stern looks and her father’s whispered scolding. “No screens for one week,” I told her, and assigned a five-paragraph essay on appropriate behavior in church before she got the privilege back. I needed to send a solid message.

Church is the most important place we go and the best place to meet Jesus in person. Poor behavior is not only disrespectful but robs her of the chance to receive God’s much-needed grace. Tessa realized that she had misused the opportunity Mass presents. To her credit, she wrote a wonderful essay. I told her God doesn’t expect us to be perfect, but he does expect us to try our best.
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Please join us in joyful

Celebration for God's Special People
Mass on Saturday, February 8, 2020 at 11:00 AM

The Cathedral of St. Mary of the Assumption
Archbishop Salvatore Cordileone, Principal Celebrant

On February 8th, there will be a Mass for special needs adults and children. Catholic adults and children with disabilities, and their families and friends, are invited to participate in a mass designed for them. Every parish has members with disabilities—this is a day for all to join in the celebration of Mass as a community supporting inclusivity of our special needs family.

This Mass sends a message that all of God's children and adults with special needs and disabilities are welcome and are an integral part of the parish family.

On December 3, 2019 Pope Francis stated, "[O]n the anniversary of the World Day of Persons with Disabilities, we renew our gaze of faith that sees in every brother and sister the presence of Christ himself, who considers every gesture of love for one of our least brothers as made for himself."

Please join us on Saturday, February 8, 2020 at 11 AM for a very special Mass followed by a reception in the Cathedral hall. Lourdes Water will be distributed to all participants.

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The Cathedral is located at 1111 Gough Street (between Gough Street and Geary Street) in San Francisco. Free parking will be available at the Gough St. entrance.
The word Amen is one of the most familiar and common words in the English language, yet at the same time it is a word that many of us don't fully understand. Simple as it may seem, the word amen is actually brimming over with meaning and purpose.

Amen as a Closing to Prayer. Many of us know the word amen is as a closing to a prayer. When we say amen at the end of a prayer, do we really know why we say it or what it means? Amen is a Hebrew word that is essentially an affirmation of truth or agreement, meaning something like 'so be it', 'it is so', or 'it is true'. When we end a prayer with the word amen, we are acknowledging that we believe God actively hears our prayers, and that our prayers will be answered by him in his time. Amen is an expression that all those things we just asked for in prayer, all the things we praised God for, all the questions, all the pain and the joy we express in prayer are founded in the truth of God.

**The Body of Christ. Amen.**

**The Body of Christ. Amen.** This is Jesus Christ in the fulness of His Divinity and Humanity. Amen! I believe.

**The Body of Christ. Amen.** This is who I am. "You become what you receive" (St Augustine). Amen!

I will accept the challenge to be Christ for others!

**The Body of Christ. Amen.** This is the Whole Christ: Christ in His Body, in His brothers and sisters, especially in the poor and suffering. Amen!

I will open my heart to Christ in His many disguises!

**The Body of Christ:** the sacrament of unity and Christ-like love, a call to forgiveness and unity, the challenge to become, like Jesus, a servant with basin and towel. Amen!

The Second Vatican Council affirms the traditional Catholic understanding of the Mystery of the Eucharist in these beautiful words:

**THE MOST SACRED MYSTERY OF THE EUCHARIST**

"At the Last Supper, on the night he was betrayed, our Saviour instituted the eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the Cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a paschal banquet in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us." (Sacrosanctum Concilium, article 47)

Behold The Lamb of God!
IX. “The Body of Christ...” “Amen!”

This is the ninth in a series of eleven or so articles on the celebration of the Mass. Article #10 is entitled, Proceeding with Communion.

“The Body of Christ...”

The minister of Communion speaks this phrase often, “The Body of Christ.” Ministers of the Eucharist say it thousands of times in churches every Sunday. Doesn’t it just become part of the routine of our lives – both for ministers and faithful alike? And yet, doesn’t it also take on greater significance from time to time, or at special moments of our lives – one’s first communion, one’s wedding, or at the funeral of a loved one?

How might we deepen our awareness of the meaning of this small gem of a dialogue? What is its purpose?

It is a statement of belief that the gathered Church makes in Christ’s presence in the Eucharist. It is further an acknowledgement of the presence of Christ in the faithful and union with Christ in his Body, the Church. See how St. Augustine framed both of these aspects of the mystery of the Body of Christ in the early 5th century:

“If you wish to understand the body of Christ, listen to the Apostle as he says to the faithful, ‘You are the body of Christ and His members.’” (1Cor 12:27) If therefore, you are the body of Christ and His members, your mystery has been placed on the Lord’s table, you receive your mystery.

You reply “Amen” to that which you are, and by replying, you consent.


Be a member of the body of Christ so that your “Amen” may be true.

But, why in bread?...

Let us listen to the Apostle who said, “We though many, are one bread, one body.”

(1Cor 10:17) [Augustine, IIa6.1 Sermon 272, dated 405-411 Ed PL 38.1246-1248]

Here is the reason why ministers of Communion are instructed to say, “The Body of Christ,” and not “This is Jesus,” or “Receive the Body of Christ.” This brief and humble acclamation invites all the faithful to recognize the Body of Christ in the consecrated bread and in the People of God receiving Communion! It is an open-ended acclamation: “You reply ‘Amen’ to that which you are, and by replying, you consent... Be a member of the body of Christ so that your ‘Amen’ may be true!”

1. Gestures of Reverence at Communion

Recognizing the power of gestures and the importance of the body, the General Instruction directs the faithful to employ several gestures of reverence as part of receiving Communion: standing, a head bow, and receiving either on the tongue or in the hand.

“The norm for reception of Holy Communion in the dioceses of the United States is standing.

Communicants should not be denied Holy Communion because they kneel.

Rather, such instances should be addressed pastorally, by providing the faithful with proper catechesis on the reasons for this norm.” (GIRM 160)

a) How is Standing an Act of Reverence?

The statement “The Body of Christ,” not only reminds us that the bread we see has been transformed but it also reminds us that we, the recipients, are being transformed into what we receive. Redeemed by Christ, we are no longer alienated sinners but now intimately connected to Christ and one another through his Body and Blood.

So, all proceed to Communion as a people who signify the Body of Christ, risen in glory. The Greek word for resurrection means that Jesus “stood up!” – something the dead do not do. The faithfulness manifest the Body of Christ, therefore, as risen and graccd. Recall, too, how St. Augustine counseled us that Communion is more than a private moment with our Lord. It is also a moment of union with our brothers and sisters, members of the same Body of Christ.

“When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. The consecrated host may be received either on the tongue or in the hand, at the discretion of each communicant. When Holy Communion is received under both kinds, the sign of reverence is also made before receiving the Precious Blood.” (GIRM 160)

b) How is Receiving Communion in the Hand an Act of Reverence?

St. Cyril of Jerusalem told his newly baptized, “Make a throne of your hand to receive the Lord of Life!” Others picture their hand as a beggar’s bowl, coming, hungry, to receive the Bread of Life. Still others find a feeling of sorrow or emptiness rising up when they cup their hands. Yet others express a profound sense of humility as they approach to receive the Lamb of God. Attending to these, and other such experiences of one’s open palm, can put a person in touch with a deep sense of longing, desiring, and reverence for the One he / she is about to receive.
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"Laudato Sí and World Peace"
Celebrating the 5th anniversary of Laudato Sí

3 March, Tuesday 7:00 PM
"We Are All in This Together: Interconnectiveness in All Creation"
Most Rev. John Stowe, O.F.M.
Bishop of Lexington, Kentucky
Bishop-President of Pax Christi USA

24 March, Tuesday 7:00 PM
"Laudato Sí, Climate Change, and Global Conflict in the 21st Century"
Jesse Anttila-Hughes, Ph.D.
Assoc. Professor of Economics
University of San Francisco

10 March, Tuesday 7:00 PM
"We Are the Meteor, We Are the Dinosaur: Integral Ecology & Biodiversity Loss"
Lisa Fullam, Ph.D.
Professor of Moral Theology
Jesuit School of Theology
University of Santa Clara

31 March, Tuesday 7:00 PM
"Hinduism and The Climate: The Upanishads and Collective Death"
Vijaya Nagarajan, Ph.D.
Assoc. Professor of Theology
Chair, Dept. of Theology & Religious Studies
University of San Francisco

7 April, Tuesday 7:00 PM
"Classical Music and Quiet Reflection in Holy Week"
Michael McCarty, grand piano
Peter Chase, violin

The evenings begin with a Lenten Soup Supper at 6:15 PM in the Parish Hall, followed by the Lenten Lecture.

Location: Saint Rita Catholic Church, 100 Marinda Drive, Fairfax CA 94930
All are invited.