St. Paul Catholic Church Parroquia de San Pablo

Mass Schedule
Saturday 4:30 pm Vigil Mass
Sunday in English 8:00 am, 9:15 am, and 5:00 pm
Sunday bilingual en Español and in English 11:30 am
Coffee & Donuts following 9:15 Mass + Pan Dulce following 11:30 Mass

Children's Liturgy of the Word
Celebrated at 9:15 am Family Mass
welcoming all children age Kindergarten to Third grade
no registration required

Holy Day 8:30 am + 6:00 pm

Daily Mass and Devotions
Monday through Saturday, 8:30 am in the Chapel
Rosary daily after 8:30 am Mass
Our Lady of Perpetual Help Tuesday after 8:30 am Mass

The Sacrament of Reconciliation Saturday 3:30 - 4:15 pm -or- by appointment

BAPTISM PREPARATION + first Wednesday of each month at 7:00 pm
RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) + September to May, please call the Rectory for information
MARRIAGE PREPARATION + contact Rev. Mario Farana at least eight (8) months prior to your desired ceremony date

PARISH RECTORY and OFFICES
221 Valley Street, San Francisco CA 94131
telephone 415.648.7538 www.stpaulsf.org

LITURGICAL SCHEDULE & BULLETIN EDITOR Joan Strachan
RCIA PROGRAM Terri Brady and Deacon Bill McLoughlin
PARISH OFFICE Jamie Tracy, Jill Alcantar, and Annette Schubert

MUSIC MINISTRY Joseph Duggan, Director & Cantor
Saturday Vigil David Simi; Sunday Diane Costa

Rev. Mario P. Farana, Pastor
Deacon Bill McLoughlin
Deacon Juan Michel
Rev. Joseph Bradley, In Residence

RELIGIOUS EDUCATION
Dorothy Vigna, Director
School of Religion, CCD
Saturdays 9:30 am - 11:00 am, September through May
Confirmation Preparation for Teenagers
Tuesdays 7:00 pm, September through May

ST. PAUL'S ELEMENTARY SCHOOL
Kindergarten through Eighth-Grade
Mrs. Katie Kiss, Principal
415.648.2055 -or- kkiss@stpaulsf.net
www.stpaulschoolsf.org

serving in Noe Valley for over 140 years
St. Paul's: yesterday, today, and tomorrow
St. Paul Catholic Church
Parroquia de San Pablo

NEW
Mass Schedule
Effective January 4, 2020
Saturday 4:30 pm Vigil Mass
Sunday in English
8:00 am, 9:15 am, and 5:00 pm
Sunday 11:30 am bilingual en Español & in English
Calendar of the Week

Monday: Jan. 20th. Martin Luther King Jr. Holiday!
Tuesday: Jan. 21st.
Wednesday: Jan 22nd.
Thursday: Jan 23rd.
Friday: Jan 24th.
Saturday: Jan 25th.
Sunday: Jan 26th.

St. Paul’s Thanksgiving Response to God This Past Week
Weekly Collection $ 2,936.50
Christmas Collection $ 22,271.47
Additional Christmas online $ 10,578.00
On-line giving December 2019 $ 9,512.00

Second Collection
Next Sunday January 25th/26th there will be a second collection for Church of Latin America. Please place your envelope in the First and only collection.

Blood Drive 2020
Our first Blood Drive for 2020 will be February 16, 2020 from 8:30am to 12:30pm
You can sign up ahead of time for our Blood Drive by going on line to www.bloodheroes.com and clicking on St. Paul's.
Or call Jill Alcantar at (415) 586-8911 to schedule an appointment.

Thank you from the Daughters of Charity
On behalf of the Daughters of Charity, we are in awe of the goodness of your parishioners. Our parlor had been filled with the over-whelming love given to many families in need. From our Epiphany Center to our homeless shelters, you parishioners have helped many people. Thank you for your inspiration to your parishioners and thank you to each and everyone who spent time and money to bring joy and happiness to another. God Bless all of you!
With a grateful heart, Sr. Christina, DC

Worldwide Marriage Encounter
Married Couples: This New Year, make a Resolution to make your marriage the best it can be by attending a Worldwide Marriage Encounter Weekend! The next Marriage Encounter Weekends include: Feb 29-Mar 1, 2020 in San Francisco, CA and May 15-17, 2020 in San Jose, CA. For more information and/or to apply for a Weekend, visit our website at: sanjosewwme.org or contact Ken & Claranne at applications@sanjosewwme.org or 408-782-1413.

Upcoming Events 2020
Walk of Life 2020 Saturday January 25th.
Women of St. Paul’s Annual Luncheon Feb 1st.
Ash Wednesday Feb. 26th
St. Paul’s Athletic Board Crab Feed and Auction February 29th.

Please pray for those in our book of the sick and especially for the following: Hannah Nakagome, Iulia Taale, Bill Edmundson, David Morales, Lois Gin, Milan Odenhal, Eileen Mendonca, Patricia Mostert, Bob Mostert, Lupe Chavez, John Galvin, Delfina Torres, Alan Winship, Joyce Catania, Cecilia Brady, Christine McLoughlin

For those who have died:
CALLED TO BE HOLY

With this Sunday we begin Ordinary Time. The readings tell us about God's relationship with Israel and John the Baptist's relationship with Jesus. Israel's relationship with God is so close, so intimate, that it is through Israel that God's "salvation [will] reach to the ends of the earth" (Isaiah 49:6). But we know from John the Baptist that for Israel to accomplish God's will, it must also recognize that Jesus is the Son of God. During these weeks we also get to know Jesus. We begin to understand more deeply our relationship to Jesus and what that relationship means for us, who are "called to be holy" (1 Corinthians 1:2).

SAINT AGNES (died 304)

January 21

Writing about Saint Agnes in the year 377, Saint Ambrose, Bishop of Milan, declared: "This is a virgin's birthday into heaven: let us imitate her chastity! And a martyr's heavenly birthday: let us offer ourselves in sacrifice!" Chastity: mastery of oneself in order to give of oneself whether in the priestly, religious, married, or single state.

Sacrifice: "to make holy," to set someone or something apart for service. Ambrose knew these virtues indispensable for discipleship, but challenging to practice in his world—or our own. Barely a teenager, Agnes faced gruesome tortures bravely and, when ordered to worship pagan gods, boldly made the Sign of the Cross instead. Thus, her youthful courage strengthened adult believers who wavered under persecution or grew indifferent when persecutions passed. To bestow on Agnes its highest honor and keep her witness fresh in believers' hearts, the Church inscribed her name at the heart of the Eucharistic liturgy, in the Roman Canon (Eucharistic Prayer I), until Vatican II the Roman Church's only Eucharistic Prayer.

READINGS FOR THE WEEK

Monday: 1 Sm 15:16-23; Ps 50:8-9, 16bc-17, 21, 23; Mk 2:18-22
Tuesday: 1 Sm 16:1-13; Ps 89:20-22, 27-28; Mk 2:23-28
Wednesday: 1 Sm 17:32-33, 37, 40-51; Ps 144:1b, 3, 9-10; Mk 3:1-6, or any of a number of readings for the Day of Prayer
Thursday: 1 Sm 18:6-9; 19:1-7; Ps 56:2-3, 9-13; Mk 3:7-12
Friday: 1 Sm 24:3-21; Ps 57:2-4, 6, 11; Mk 3:13-19
Saturday: Acts 22:3-16 or Acts 9:1-22; Ps 117:1bc, 2; Mk 16:15-18
Sunday: Is 8:23 — 9:3; Ps 27:1, 4, 13-14; 1 Cor 1:10-13, 17; Mt 4:12-23 [12-17]
**19 de enero 2° Domingo del Tiempo Ordinario**

**LLAMADOS A SER SANTOS**
Este domingo comienza el Tiempo Ordinario. Las lecturas nos hablan sobre la relación de Dios con Israel y la relación de Juan Bautista con Jesús. La relación entre Dios e Israel es tan estrecha, tan íntima, que es por mediación de Israel que “la salvación [de Dios] llega hasta los últimos rincones de la tierra” (Isaías 49:6). Pero sabemos por Juan Bautista que para que Israel cumpla la voluntad de Dios, debe reconocer que Jesús es el Hijo de Dios. Durante estas semanas también llegamos a conocer a Jesús. Comenzamos a entender más profundamente nuestra relación con Jesús y lo que la misma significa para nosotros, que somos “su pueblo santo” (1 Corintios 1:2).

**SAN VICENTE (Siglo III)**
22 de enero
San Vicente nació en Zaragoza, España y, debido a su buen uso de la palabra y formación académica, fue nombrado como coadjutor del obispo Valerio para que le ayudara en la predicación, pues el obispo era tartamudo. Una vez ordenado diácono se distinguió por la predicación elocuente y la defensa de la fe. Fue arrestado mientras visitaba a su obispo, preso a causa de la persecución impulsada por el emperador Daciano quien, al saber que visitó a su obispo mandó que lo apresaran, haciéndolo caminar desde Zaragoza hasta Valencia. Una vez preso se le sometió a la tortura, no obstante, la tortura no lograba nada y el emperador, lleno de ira, mandó que golpearan a los torturadores. Posteriormente le hizo encerrar en una celda oscura, llena de tientos filosos para que se cortara sus pies, pero no renunció a su fe cristiana, convirtió al carcelero y cantó himnos de alabanza. Finalmente, puesto que nada lograba contra él, lo encarceló de por vida y ahí, en la soledad de su celda y sus enfermedades encontró la muerte.

**19 de enero 2° Domingo del Tiempo Ordinario**

Que toda mujer gestante encuentre el consuelo amoroso mientras espera el nacimiento de su hijo; rogamos al Señor

**LECTURAS DE LA SEMANA**
Lunes: 1 Sm 15:16-23; Sal 50 (49):8-9, 16bc-17, 21, 23; Mc 2:18-22
Martes: 1 Sm 16:1-13; Sal 89 (88):20-22, 27-28; Mc 2:23-28
Miércoles: 1 Sm 17:32-33, 37, 40-51; Sal 144 (143):1b, 2, 9-10; Mc 3:1-6, o cualquiera de lecturas para el Día de Oración
Jueves: 1 Sm 18:6-9; 19:1-7; Sal 56 (55):2-3, 9-13; Mc 3:7-12
Viernes: 1 Sm 24:3-21; Sal 57 (56):2-4, 6, 11; Mc 3:13-19
Sábado: Hch 22:3-16 o Hch 9:1-22; Sal 117 (116):1bc, 2; Mc 16:15-18
Domingo: Is 8:23 — 9:3; Sal 27 (26):1, 4, 13-14; 1 Cor 1:10-13, 17; Mt 4:12-23 [12-17]
BOLETIN DE LA PARROQUIA DE SAN PABLO, ENERO 19 DE 2020

SAINT PAUL'S ATHLETIC BOARD, les invita a su cena anual de cangrejo y subasta en el Salón de la Parroquia. Sábado 29 de Febrero de 2020 de 5:30 a 9:00 p.m. adultos $ 65.00 , niños $ 15.00 y menores de 5 años gratis, mas información en el boletín.

La segunda colecta del Domingo 2 de Febrero de 2020 es para el fondo de preservación de San Pablo. Serán dos colectas separadas. Ese Domingo es el día de traer los almuerzos para personas necesitadas. Las hermanas de la caridad recogerán los almuerzos después de la misa de 11:30.

Caminata por la vida (porque las mujeres merecen algo mejor que el aborto) Sabado 25 de Enero de 2020 PLAZA DEL CENTRO CIVICO San Fco. Rally 12:30 p.m. (mesas informativas 11:00 a.m.) información 1-415- 658-1793.

Blood Drive 2020 (Donación de Sangre 2020) Nuestra primera donación de sangre será el 16 de Febrero del 2020 de 8:30 a 12:30 p.m. para reservaciones o mayor información llamar a Jill Alcantar al 1 415- 586-8911.

MIERCOLES DE CENIZA, EL 26 DE FEBRERO, comienza la Cuaresma

Las Mujeres de San Pablo, les invitan a su almuerzo anual y rifa. Sabado 1ro de Febrero de 2020, el almuerzo se sirve a las 12:00 del medio día, y será en el BASQUE CULTURAL CENTER, 599 RAIL ROAD AV. South San Francisco, CA 94980, el costo del almuerzo es de $ 45,00 por persona.

SACRAMENTO DEL BAUTISMO: Bautismos y clases son realizados por citas solamente, las clases son el primer miércoles del mes a las 7:00 p.m. en la Rectoría y los bautizos a la 1:30 p.m. en la parroquia.

R.C.I.A. (Rito Católico Cristiano de iniciación para Adultos) es un proceso por el cual adultos se preparan para recibir el sacramento de Bautismo, Eucaristía y Comienzo en Septiembre y termina en Mayo. Para información llamar a Terri Brady o Diacono Bill McLoughlin a la Rectoría.

SACRAMENTO DEL MATRIMONIO Arreglos deben hacerse con el Sacerdote o Diacono, al menos con 6 meses de anticipación, para mayor información llamar a la Rectoría. 1-415- 648-7538

SACRAMENTO DE CONFIRMACION: Para estudiantes de Escuela Secundaria que no hayan recibido el Sacramento de Confirmación, es un largo programa de un año, clases comienzan a fines de Septiembre y concluyen a finales de Mayo del siguiente año con la confirmación en Junio. Para mayor información llamar a Dorothy Vigna a la rectoría 415-648-7538.
Porque Las Mujeres Merecen Algo Mejor que el Aborto.

CAMINATA por la VIDA

16va Caminata Anual

Sábado, 25 de enero • PLAZA DEL CENTRO CÍVICO • San Francisco

Rally: 12:30PM
(Mesas informativas: 11:00AM)
Sábado, 25 de enero 2020

Rally da inicio en la Plaza del Centro Cívico. Luego caminaremos por la calle Market (2 millas). Finaliza en Embarcadero Plaza/Ferry Building. BART en ambos lugares. Amplio estacionamiento.

Información:
415/658-1793 | email: info@WalkforLifeWC.com

© Las mujeres merecen algo mejor es una marca registrada de Feministas por la Vida de América.
Because Women Deserve Better than Abortion.

16TH ANNUAL
WALK FOR LIFE
WEST COAST 2020

Walk for Life West Coast
Abortion Hurts Women

Saturday, January 25 • CIVIC CENTER PLAZA • San Francisco

Rally: 12:30 PM
CIVIC CENTER PLAZA
Info Faire: 11:00 AM

Rally starts at Civic Center Plaza, walking down Market Street (2 miles).
Ends at Embarcadero Plaza/Ferry Building.

BART stations at both locations. Ample parking.

Register and info:
415/658-1793 | email: info@WalkforLifeWC.com

© Women Deserve Better is a registered trademark of Feminists for Life in America
The Women of St. Paul cordially invite you to its
Annual Luncheon
and White Elephant Raffle
Saturday, February 1, 2020

No-host cocktails at 11:30 AM; luncheon served at noon
Basque Cultural Center, 599 Railroad Avenue, South San Francisco, California 94080

Please join the Women of St. Paul as we celebrate another year of service, spiritual sharing, and social gatherings. This luncheon is for all the women of St. Paul's Parish & School Community, and we hope to see you there, and don't forget to bring a 'WHITE ELEPHANT' raffle item!

Thank you for your support: Lisa, Nancy, and Patti:

For more information please contact: Nancy Brana 415.786.0116 or Lisa Violettto 415.987.9284

Advanced reservations required $45.00 per person for lunch
Lunch options: Salmon with champagne sauce, Breast of Chicken Chasseur, Vegetarian Pasta

Please return the bottom portion of this flyer with your payment by Friday, January 24, 2020

Seating will not be available at the door • Please help us keep our records up-to-date

Name: __________________________
Phone: __________________________
Email: __________________________
Mailing address: __________________________

Please indicate your lunch choice:
☐ Salmon with champagne sauce
☐ Breast of Chicken Chasseur
☐ Vegetarian Pasta

☐ I will need a ride to and/or from the event
☐ I will provide a ride to and/or from the event

Please make your check payable to:
ST. PAUL PARISH
Return to WSP Luncheon 2019
C/O St. Paul's Rectory, 221 Valley Street
San Francisco CA 94131

Lunch: $45.00/person $ _________
WSP Annual Dues: $20.00/year $ _________
Raffle Tickets (see back) $ _________
Total Enclosed: $ _________
Women of St. Paul - Annual Luncheon

RAFFLE TICKETS
Saturday, February 1, 2020
Raffle Tickets: 1 for $1.00 or 6 for $5.00 or 12 for $10.00
Men of St. Paul's Catholic Schools Week Pancake Breakfast

Sunday, January 26
After the 8:00 & 9:15 Masses
Adults: $5
Kids in Uniform: FREE!
CCD: FREE!
St. Paul's Athletic Board

Leap Year

Crab Feed & Auction

St. Paul's Parish Center

Saturday, February 29, 2020

5:30 pm - 9:00 pm

Dinner service begins at 6:30 pm

Dinner includes Fresh Crab, Caesar Salad, Pasta, Bread and Dessert

Advanced Ticket Purchase is required

$65.00 Adult, $15.00 Child,
under 5 years free

child ticket: students in grades K-8th

Thank you for your support!

For more information please contact: Therese Finn 917.450.6993 tfinn64@gmail.com

to order tickets online visit www.stpaulsf.org or www.stpaulschoolsf.org and simply follow the link

last day to purchase tickets is February 14, 2020

TICKETS WILL NOT BE SOLD AT THE DOOR • PLEASE, NO OUTSIDE FOOD OR ALCOHOL

Family Name ____________________________

Phone ____________________________ email ____________________________

Child’s name(s) and Grade(s) if a St. Paul’s School Family ____________________________

Seating preference (Family or Grade) will be accommodated as best as possible ____________________________

No. of Adult Tickets: ______ x $65.00 ticket $________

No. of 'Child Tickets: ______ x $15.00/ticket $________

TOTAL Enclosed: $________

No. of Children under 5: ______ x free

*Child Tickets are for students in grades K-8th

please make your check payable to:

St. Paul’s Athletic Board

AND MAIL OR DROP OFF

Athletic Board Crab Feed
c/o St. Paul School
1690 Church Street
San Francisco CA 94131
2020 Spiritual Journey Through the Gospel

gathering at 9:30 am in the Rectory, each of the following dates:

January 7, 2020
February 4, 2020
April 14, 2020
May 5, 2020
June 2, 2020
July 7, 2020
August 4, 2020
September 1, 2020
October 6, 2020
November 3, 2020
December 1, 2020

Lenten Spiritual Journey
meeting weekly during Lent:

February 25, 2020
March 3, 2020
March 10, 2020
March 17, 2020
March 24, 2020
March 31, 2020

Host: Deacon Bill McLoughlin
no advance sign up required

February 26, 2020 Ash Wednesday • April 5, 2020 Palm Sunday • April 12, 2020 Easter Sunday
no meeting April 7, 2020
Thoughtful Moments

St. Thomas Aquinas

Born in Italy, St. Thomas persevered against his family’s attempts to make him a Benedictine monk and became a Dominican instead. He was a brilliant student, but his humble, quiet manner earned him the nickname “the dumb ox.” His mentor, St. Albertus Magnus, rightly predicted he would be a famous scholar. Thomas later taught in several universities, wrote many treatises about the faith, and even advised popes and kings. He is the patron of students and schools.

Self-esteem

When children understand they are "fearfully and wonderfully" made by God with a purpose for their lives, their self-esteem is not derived from society. It comes from knowing how much God loves them.

“Even youths shall faint and be weary ... but they who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint” (Isaiah 40:30-31).

Raising faithful Catholic disciples

All parents want their children to be successful, hardworking, happy adults. The best way to ensure true happiness and lasting success, however, is to raise children to be disciples of Christ. And the best time to begin creating faithful disciples is now.

Connect. Discipleship is a relationship. It begins with responding to Jesus’ call to know and love him. When our children connect with Jesus personally, they learn how valuable they are to God. Their identities are complete in him.

Listen. Scripture is God’s direct message to us. It tells us who God is, what he thinks, and his will for us – all we need to know to be best friends. Regularly reading the Bible with children helps us to know God better and better.

Serve. St. Teresa of Avila said, “Christ has no body but yours, no hands but yours, no feet but yours. Yours are the eyes through which Christ’s compassion must look out into the world.” Disciples of Christ know that we must put others’ needs before our own - the poor, the lonely, the most vulnerable.

Encounter. Sacraments are opportunities to directly encounter Christ. Ensuring that children receive their Sacraments of Initiation (Baptism, Eucharist, Confirmation), attend Mass weekly, Confession frequently, marry in the Catholic Church, are all ways they connect directly with Jesus - soul to Creator.

Why Do Catholics Do That?

Why do Catholics practice Works of Mercy?

Catholics are called to show their love for God by their love of neighbor. “The works of mercy are charitable actions by which we come to the aid of our neighbor” (Catechism of the Catholic Church (CCC) #2447). Our Lord considers any kindness done for love a personal favor. Once, when asked the reason for her charitable work, Mother Teresa answered, “You did it to me” (Matthew 25:40), quoting Christ. In caring for others, we communicate God’s love for them.
Making parent - and child-friendly resolutions

Making New Year's resolutions helps us to become better people each year. Consider helping children choose appropriate resolutions for the New Year, too.

Share kindness. Encourage children to perform one random act of kindness each week. When they look for ways to be kind, kindness becomes a mindset.

Develop better habits. Taking small steps to improve will help new positive habits last. If you want to eat healthier, try, “I’m going to drink milk and water today instead of soda or juice.”

To cut down on screen time, consider reading for 30 minutes instead of watching TV or playing on devices.

Achieve milestones. Children love setting goals as a way of measuring progress and growth. Encourage children to pick an age-appropriate goal – getting an A in the hardest subject at school, learning to tie shoes, master swimming underwater – and focus on steps to achieve it.

Encourage prayer. Try choosing one prayer to say together as a family each day. Let children add a favorite prayer to their personal prayer time.

Scripture Lesson

Matthew 4:12-23, Follow the Leader

Almost every child has played some version of “Follow the Leader.” In the game, players follow a “leader” wherever he goes and do whatever he does. We stomp through puddles, climb over fences and swing from trees, all to stay in the game.

We follow leaders in real life, too: at school, in sports, and at church. Our parents are also our leaders until we leave home. Some leaders have more authority over us than others. In cases where we can choose our leaders, it’s important to choose the one who will lead us safely in the right direction.

Jesus chose twelve men to be his closest followers and he became their leader. They went where he told them and did what he asked. They followed his example. Those who stayed with him to the end became great saints.

What can a parent do? Explain to children that Jesus is our true leader, meaning that we follow him before anyone else. If we stay close to him, he will lead us safely to Heaven. The prize is always worth it.

Parent Talk

My family had stopped listening to me. The more I talked to (at) them, the more obvious it was that they were tuning me out. I tried talking louder and repeating myself but the problem only got worse.

Finally, I heard how I was talking to them. I was so stressed by our busy pace that I barked constantly. “Hurry up, we are late!” “Stop talking with your mouth full.” “Clean up that nasty bedroom.” “What? You forgot your homework?!“ For every kind remark I made, I snarled five negative ones.

That very moment, I changed my tune. I called a family meeting and apologized. Then I gave each child just five tasks on which to focus. I let the rest go. The change in the atmosphere of our home was immediately noticeable. I continue to monitor the way I communicate and everyone pays more attention to what I say.

Feasts & Celebrations

Jan. 2 – St. Basil the Great (379). St. Basil founded the first monastery in Turkey. He fought passionately against the Arianism threatening the Church and worked to protect the faith and religious freedom. He is best known for his skill as an orator and for being tireless in his pastoral care.

Jan. 3 – Feast of the Most Holy Name of Jesus. Today, we celebrate the Holy Name of Jesus. “…At the name of Jesus every knee should bend, of those in heaven and on earth and under the earth” (Philippians 2:10).

Jan. 5 – Epiphany of the Lord. Epiphany is Greek for “manifestation.” When they honored the infant Jesus, the three wise men bore witness to the fulfillment of God’s promise of a savior.

Jan. 21 – St. Agnes (c.304). At a young age, St. Agnes consecrated herself to God. Reportedly she was turned in for being a Christian by a suitor whom she refused to marry. She maintained her faith and was executed as a result.

Our Mission

To help parents raise faithful Catholic children
Success Publishing & Media, LLC
Publishers of Growing in Faith* and Partners in Faith
(540)662-7844 (540)662-7847 fax
http://www.partnersinfaith.com
(Unless noted, Bible quotes and references are from the Revised Standard Version and the New American Bible.)

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